

Parent/Guardian Community E-Bulletin

Inspire Learning!



Markville Secondary School E-Bulletin



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September 24th, 2021

Please keep in mind any information provided in this bulletin is subject to change and is accurate at the time of distribution.

School Council Meeting

This is a reminder that on **Monday, September 27th, 2021**, we are holding our first School Council meeting of the year. We will be meeting virtually, starting at 7:00 p.m. and ending at 8:30 p.m. You will receive the link to the meeting before the end of the week.

The focus of the meeting will be a presentation on the variety of online platforms used at Markville. We will also review COVID-19 Safety Protocols, and more.

If you would like to be considered for an elected position on the school council, please fill out the form which was emailed by the YRDSB at the beginning of the school year.

Thank you.

Message from Guidance

Guidance is on TeachAssist!

As Semester 1 Timetables have been confirmed, Guidance is looking forward to speaking to students and families about Semester 2, as well as catching up to see how students are doing!

Appointments can be booked using [TeachAssist](#) - instructions on how to book an appointment are located at the bottom of the home page of the [Markville Guidance website](#). As well, families can book an appointment using the [Parent Portal](#) button on the TeachAssist website (please remind your student(s) to use the website and not an App, as the App is not YRDSB-related). TeachAssist provides a drop-down menu to choose a reason for the visit, but also allows students/families learning Online to select a virtual appointment in lieu of an in-person meeting. Additionally, Guidance contact info can be found below, as well as on the Guidance website.

Last week, Grade 12 students took part in a Graduation Assembly, and this week Grade 9 students received a visit from Guidance to provide key information to help acquaint them with Markville. The presentations can be found on the [Grade 12 page](#) and [Grade 9, 10, 11 page](#) of the Guidance Site.

Your Guidance Team will be presenting **Post-Secondary Planning topics** to **Grade 11 & 12 students** each month, as they prepare for their next adventure. This year, Guidance is also introducing monthly Virtual Presentations for **Families**, in an effort to keep you informed on all important and relevant information for all Grades. Closed Caption instructions will be provided to allow families the ability to follow along in a preferred language. Please see the [Schedule](#) for upcoming topics and dates – our first presentation is September 29th @ 6:30pm – a session designed to introduce families to a number of resources that can aid in pathway planning for students. Links will be added to the live schedule document prior to each Session.

We look forward to working with you this year!
~Your Guidance Team

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Terry Fox Run



Markville's Athletic Council and Grade 12 Leadership class are very excited to share the details about the upcoming "Terry Fox Week: Mavs Cross Canada". Terry Fox was determined to run all the way across Canada, a total distance of 8530 km. Markville's challenge is to collectively walk 8,530 km over 1 week! We can do it!

1) "[Mavs Cross Canada: Markville Terry Fox Week 2021](https://bit.ly/MavsTerryFox2021)". (the url is: <https://bit.ly/MavsTerryFox2021>)

2) [Markville Terry Fox Fundraising Page](http://www.terryfox.ca/MarkvilleSSMarkham)
(the url is: <http://www.terryfox.ca/MarkvilleSSMarkham>)

TIMING

Classes will walk the route with their teacher based on the schedule below. The route will be clearly marked outside by pylons and can be accessed from any exit door of the school.

Wed. Sept. 22- Fri. Sept. 24 (Period 3 and 4 Classes)

	AM: Period 3	PM: Period 4
Grades 9 and 11	8:45-9:30am	12:15-1:00pm
Grades 10 and 12	9:45-10:30am	1:15-2:00pm

Mon. Sept. 27-Tues. Sept. 28 (Period 1 and 2 Classes)

	AM: Period 1	PM: Period 2
Grades 9 and 11	8:45-9:30am	12:15-1:00pm
Grades 10 and 12	9:45-10:30am	1:15-2:00pm

LUNCH CONTESTS

Please encourage your child to participate in the courtyard contests at lunch time for some fun "Terry Fox themed" contests.

RAIN DATES

Wed. Sept. 22nd's forecast is heavy, heavy rain. We have scheduled a 'rain date' of Wed. Sept. 29th if you are unable to walk on Wed. Sept. 22nd.

Breakfast Club



The Breakfast Club has resumed operations and is once again providing healthy snacks for the students in our school community. Students are allowed to partake of the pre-packaged food that is served on a weekly basis.

HOSA

Are you passionate about the health sciences field and envision yourself as a prospective health care professional?

Looking to attain influential experience, build your resume, compete in an engaging environment, and gain career exploration? Well, you are in luck as Markville HOSA is back for the 2021-2022 school year! To register for Markville HOSA, create an account on <https://shop.hosacanada.org/> and purchase the membership/conference fee.

Classes commence Friday, October 8th. For more information regarding registration and classes, check out Markville HOSA's Instagram: [@markville_hosa](#) or email markvillehosa@gmail.com!!

Daily School Screening for Students

Student Self-Assessment Process:

Students and their families received a communication with the information below, including the necessary links:

- Step 1: Students complete on-line self-assessment:
[COVID-19 School and Child-Care Screening Tool](#)
- Step 2: Upon completion of self-assessment, students respond to the question "Have you completed the self-screening test?" in the confirmation [Form](#)
 - Students receive an email response when they respond "Yes", which will include a colour for each specific day of the week:
Monday, Tuesday, Wednesday, Thursday, Friday
- Step 3: Period 1 teacher checks with students **prior to students entering the classroom**
 - Students who indicate they did not complete the self-assessment need to be directed to the tool posted in the classroom to review and provide verbal response

Thank you for your support as we all work together to keep everyone safe at school.

School Notices

Upcoming Dates

September 27	School Council Meeting (Virtual)
September 30	Orange Shirt Day and National Day for Truth and Reconciliation
October 11	Thanksgiving (Holiday) Schools Closed
October 20	Parent Teacher Interview Night

School Startup Forms

Parents/guardians received an email from YRDSB Update with important school start-up forms to complete. It is important that these forms are completed as soon as possible at the start of the school year as they contain important information and permissions.

The forms can be found at <https://startupforms.yrdsb.ca/>.

A link to the forms can also be found on the Family Resources page of the Board website at www.yrdsb.ca/familyresources. Click on the [Need Help link](#) beside Family Startup Forms for additional information on how to log in to the Student GAPPS account to complete the forms.

Secondary school students can complete the secondary school student form at <https://startupforms.yrdsb.ca/students>. They will also receive the link in their student GAPPS account. Elementary school students **do not** need to complete these student forms.

Please note:

- You **must be signed in to your child's student GAPPS account** to complete the form. Please remember to sign out of one account before signing into another. Additional information is available on the Board website on [how to login to the student account to complete the forms](#).
- The forms should be completed for each student, whether they are attending school in person or participating in remote, online learning.
- If you prefer to complete the forms on paper or have questions about the information in the forms, please contact the school office.
- Parents/guardians must complete a separate form for each child attending school. Please ensure you log out of one student account before logging into

- The National Centre for Truth and Reconciliation is hosting a [five-day national, virtual event for grades 5-12](#).
- Learn more about [Orange Shirt Day](#).
- Read the [Truth and Reconciliation Reports](#).

Location

ON

When

Thursday, September 30, 2021 - 00:00 to Thursday, September 30, 2021 - 12:00

YRDSB Communications



Student Mental Health and Addictions Newsletter

September 2021

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

The ABCs of Mental Health

Welcome back to our outstanding students, staff, families, and community members. We are thrilled to have you back and excited to share the first Mental Health Newsletter of the school year with you. Our September Newsletter will focus on sharing how the YRDSB is centering on Mental Health, emotional connections, and Well-being through the ABCs of Mental Health Framework & Lesson Series.

We recognize that many emotions may be associated with starting a new school year, especially as we continue to respond to the global pandemic that has brought many new experiences, changes, challenges, and learning for us all. In particular, we recognize that joy, excitement, worry, fear, and uncertainty may be common experiences for students, families, staff, and communities.

During this time, supporting a safe return and centering on [Mental Health](#) and wellbeing is vital. We know students thrive and are better able to succeed when they learn in an environment where they feel safe, heard, validated, and know they matter and belong. This contributes to overall positive mental health and is central to

academic learning, one's ability to cope with change, daily stressors, and establish meaningful connections and relationships, among other things. To highlight this and intentionally create spaces where all students are affirmed, validated, and successful, the YRDSB has created the ABCs of Mental Health Framework and ABCs student lessons series.

What are the ABCs?

[The ABC Framework](#) guides our collective efforts in supporting student and staff mental health and wellbeing. The Framework aids educators and leaders in laying a foundation where all can see themselves reflected and for learning environments in which caring relationships, trust, and healing are centred. We acknowledge that students and staff do not exist in isolation; and are part of families and communities. Thus, we endeavor to continue this work and learn from and learn with our staff, families, and communities.

The Framework includes Acknowledge, Bridge, and Connection:

Acknowledge feelings and life experiences over the pandemic (and prior) and how these affect our mental health as individuals and communities.

Bridge (or link to) to personal and community assets and strengths as a way to build mental health and wellness.

Connection with our community and with those around us who can help support mental health and wellbeing.

As part of these lessons, students engage in varied opportunities to: (learning opportunities and lesson delivery will be appropriate to the grade and developmental abilities of the student):

- Express themselves through connections to classmates, educators, and supports that affirm students' identity, feelings, interests, and abilities.
- Co-create affirming learning spaces with peers and educators that acknowledge experiences from the past and present-day, so all students know they matter and belong.
- Identify and acknowledge the positive experiences, strengths, and skills ALL students bring to the class and school community.
 - Identify resources that they can access to support their mental health.
 - Learn to notice the signs that they're not feeling well.
- Explore the things (strategies, people, places, activities, habits, family/community traditions) that make us feel healthier
 - Taking steps to put those things in place and to ask for support when we need it

Why is centering on Mental Health in our schools important?

Students are using their voices, and we are listening. Research by School Mental Health Ontario about what secondary students in Ontario said about their priorities regarding mental health indicates that 97% of respondents (students) want to learn more about mental health at school, including early warning signs of a mental health problem, ways to cope with their thoughts and emotions, how and where to ask for help.

Beyond this, we know children and youth thrive when their personal, social, and cultural strengths are affirmed and seen as assets in the classroom. When their identities are reflected and represented in positive ways in the learning. When connections and relationships are transformative. When they feel cared about, accepted, and applauded for who they are and what they can contribute to their environment. These considerations solidify the importance of the ABC Framework and lessons which seek to build capacity around these factors and ensure all students feel a sense of mattering and belonging.

There remains much work to be done and we invite you (families, community members, and staff) to work with us as we co-learn and co-create ways to support students and each other.

To learn more about the ABC Framework & lesson series please visit [YRDSB ABCs. Mental Health COVID-19 Page](#)

The link below is dedicated to supporting student mental health during this pandemic. Resources for students, parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health supports as well as community supports available during the school closure. Please consider taking some time to familiarize yourself with the [Mental Health and Community Supports During COVID](#). Continue to check out the [YRDSB website](#) for updated information as well as the Twitter accounts @YRDSB and @YRDSB_SS.

[No Problem Too Big or Small](#): This is a resource made by students for students. Throughout the resource, there are positive affirmations and reminders for students that there is help around and no problem is #TooBigOrTooSmall to reach out and ask for help. Download [Reaching Out](#) (designed for screen readers) or a print version [Reaching Out](#).

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Parent Engagement Panel Discussion (In Tamil session)

தமிழி ஂபேறாட ஓ கலைரயாட

• **Overview of Student Services Supports**

மாணவககான ஆதர

• **Speech-Language Pathology and Audiology Services and Psychological Services**

பே, கேட ம உளவய ேசைவக பறிய தகவக வழக.

• **Growth Plans, IPRC, IEP etc.**

IEP IPRC ேபாறவறிஂன பயபவதா ஏப வளசி

• **Parent Voice in the Implementation of the IEP**

IEP ெசயபவதி ெபேறா ர

Date / திகதி, October 7, 2021

Time / மாலை 6:00 - 8:00 pm வைர

Registration பதி ெசய ஂஂண

If you have any questions please contact:

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